

β -oxidation of Fatty Acids Part I

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Introduction \rightarrow In normal condition, Bio-

-energy or ATP, required for normal physiological situation, comes from glucose oxidation and only during starvation or glucose deficiency, ATP is generated from Fatty acid oxidation. However, in normal physiological condition also, 40% of ATP generated comes from Fatty acid oxidation and during starvation, almost 100% of ATP comes from Fatty Acid oxidation. Fatty acid oxidation is also the chief source of energy for hibernating animals.

Fatty acids are oxidised to acetyl CoA and are also synthesized from acetyl CoA, but the two pathways are entirely different. Enzymes of Fatty acid oxidation are present in mitochondria, whereas enzymes of fatty acid synthesis are present in smooth Endoplasmic Reticulum (SER) of cytosol. Secondly, when one path is inactive other pathway is substituted. Most of the fatty acids are synthesized through β -oxidation.

The most convincing experimental proof of β oxidation came from the works of Franz Knoop (1904), who for the first time, used metabolic technique.

Pathway of β -oxidation of Fatty Acids:-

Lehninger, proved that fatty acids are oxidised in mitochondria but all fatty acids, particularly long chain fatty acids cannot pass through the inner mitochondrial membrane. Hence, for transfer of even fatty acids, a special transport protein is present in the inner mitochondrial membrane. However, before this transfer, fatty acids are activated to form acyl CoA.

1. Synthesis of Acyl CoA — The process of β -oxidation of

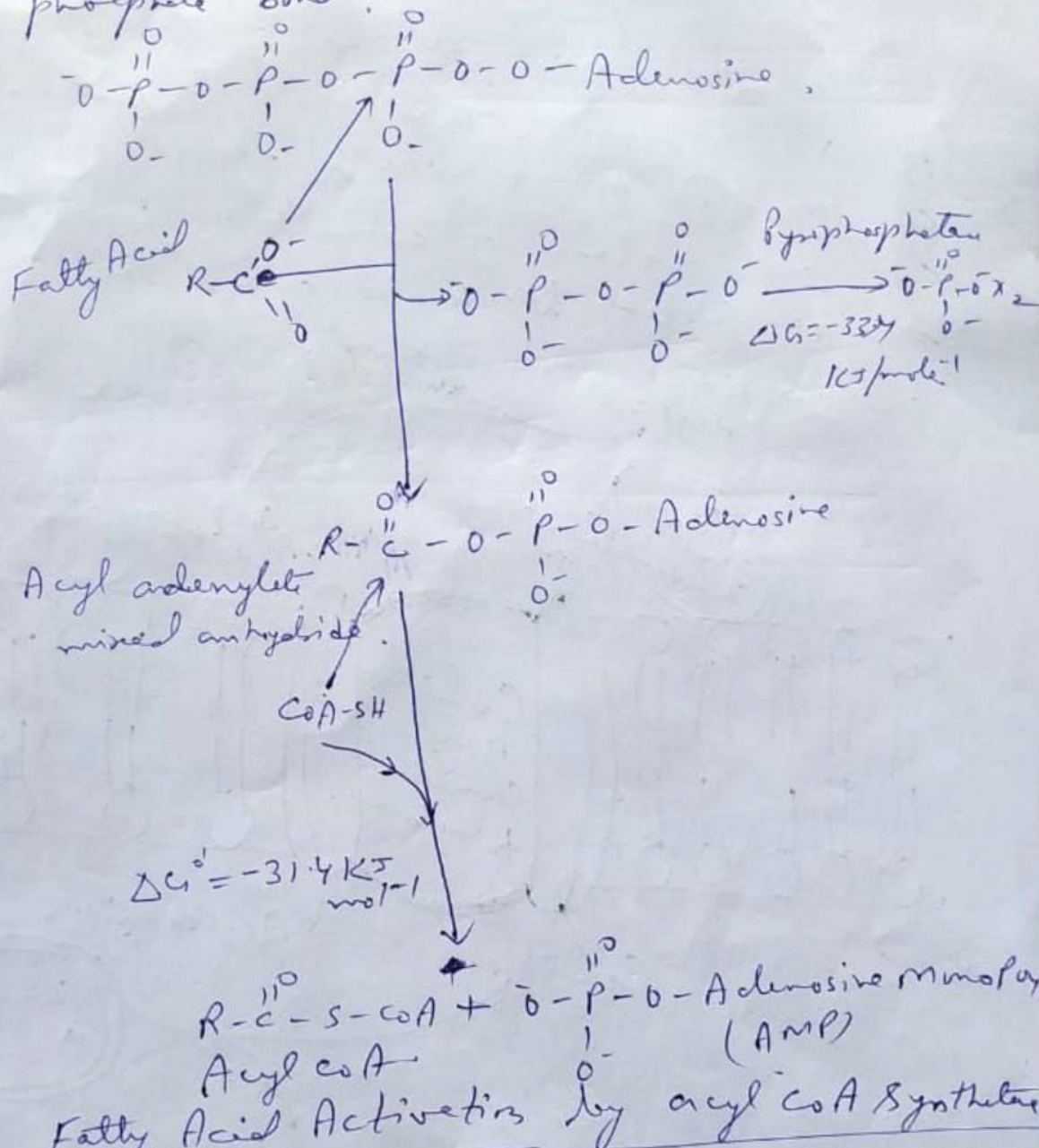
fatty acids begins with the activation of fatty acids; which is an energy consuming step in the presence of coenzyme A.

All fatty acids are activated in SER but only small chain and medium chain fatty acids are activated in mitochondria. The activation reaction is

catalyzed by the enzyme acyl CoA synthetase found on SER and outer

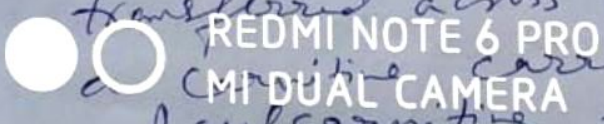
mitochondrial membrane. This enzyme uses coenzyme A and induces synthesis of bond between carbonyl carbon

of fatty acid and sulfur of the thiol group of coenzyme A. ATP provides energy from its α - β phosphate bond. (3)

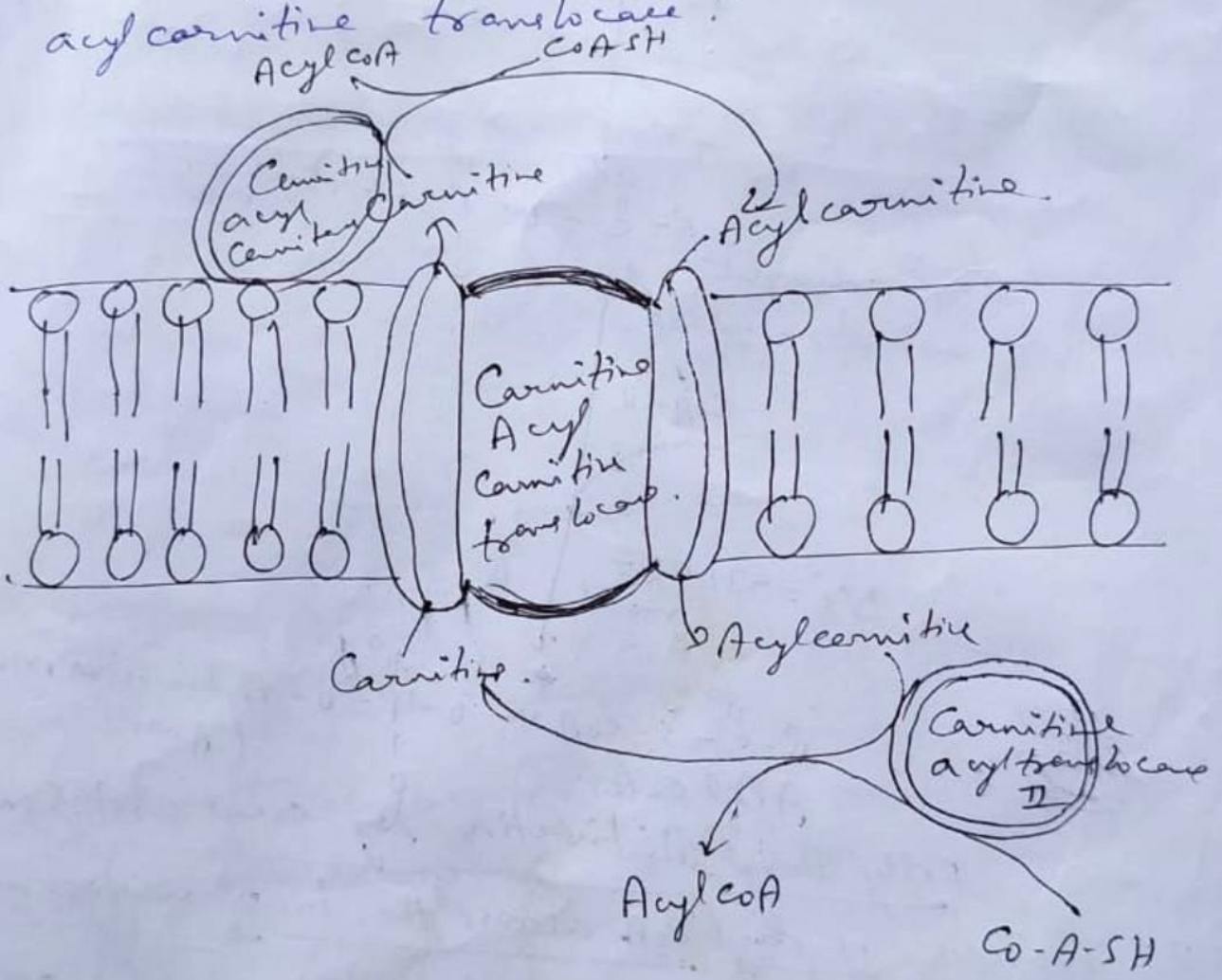


2. Transfer of acyl CoA across the inner mitochondrial membrane

The acetyl moiety of the acetyl CoA is then transferred and ligated to a specific molecule, carnitine (β -hydroxy- γ -trimethyl amino butyrate) by the enzyme Carnitine acyltransferase I present on the outer surface of the inner mitochondrial membrane. Acyl Carnitine thus formed is transferred across the inner membrane by a Carnitine carrier protein called Carnitine Acylcarnitine translocase. It also



transfers free carnitine from mitosomal to cytosol. Acylcarnitine, once inside, is acted upon by the enzyme carnitine acyltransferase II present on inner surface of inner membrane of mitochondria. This is the process of coenzyme A brings about regeneration of acyl CoA and release of carnitine. Free carnitine is transported back to cytosol by carnitine acylcarnitine translocase.



Formation of acylcarnitine from acyl CoA and its transfer across inner membrane of mitochondria and regeneration of acyl CoA

STEPS OF β -OXIDATION IN MITOSOL

Acyl CoA transferred to mitosomal or synthesized in mitosomal is subjected to the action of four enzymes, collectively